**Suggestions to customize your wallet card**

1. I am more comfortable writing things down.
2. I may need you to repeat your questions.
3. I can be easily confused by instructions.
4. I have difficulty reading/receiving instruction.
5. I may struggle remembering/recounting events.
6. I need step-by-step, simple instructions.
7. I may not understand the consequences of my actions.
8. I may have difficulty organizing my thoughts.
9. I may flap my hands.
10. I may pace.
11. I may talk to myself.
12. I may get antsy/fidgety when I am nervous.